



PWA ROME

PROFESSIONAL WOMEN'S ASSOCIATION

MARCH NEWSLETTER 2026

Happy International Women's Day!



**HAPPY
INTERNATIONAL**

Women's Day!

**SHE DREAMS BOLDLY.
SHE BELIEVES FIERCELY.
SHE ACTS WITH PURPOSE.
SHE ACHIEVES WITH GRACE.
SHE IS RESILIENT.
SHE IS STRONG.
SHE SUPPORTS. SHE UPLIFTS. SHE CELEBRATES.
BECAUSE WHEN ONE WOMAN WINS, WE ALL
RISE.
SHE IS YOU.**



Happy International Women's Day

On **International Women's Day**, we celebrate the strength, resilience, and achievements of women across every industry and every stage of life. Today is not only a moment to recognize how far we have come, but also a call to continue advancing opportunity, equity, and leadership for the generations that follow. Together, as a community of professional women, **we champion ambition, collaboration, and the power of lifting one another as we rise.**

We look forward to celebrating with you on **March 11th at the Hotel Quirinale**, as Rome's foremost women's associations unite to mark this meaningful day and stand together in support of women everywhere.

Special thanks to our IWD partners:

NOI D

Inclusione Donna

WIN (Women's International Network)

Donne 4.0

SHETECH

Women's Informal Network

American Exchange of Rome

Telefono Rosa

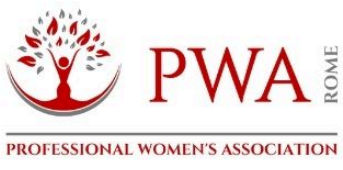
Professional Women's Association

With gratitude and admiration,

Catherine and the PWA Board!



“United we move the World”



#InclusioneDonna



UPCOMING EVENTS YOU WON'T WANT TO MISS!

Mark your calendars to celebrate this year's **International Women's Day** with the most important Women's associations in Rome and a special performance from world renowned international jazz artist and Women's empowerment champion **Cinzia Tedesco**. In addition, we will have last year's STEM scholarship recipient **Federica De Angelis** who will share her journey with us since accepting this from last year's fundraising effort from your participation!

We are thrilled to have partners with us such as **NOI D, Women's informal network, SheTech, Donne 4.0, PWN, Free Exchange, WIN, Telefono Rosa, and Inclusione Donna** etc.


Make a difference—support women’s empowerment.

Aperitivo with pasta, antipasti, dry snacks is € 29 euro. Every ticket purchased helps fund a STEM scholarship for a young female student pursuing a future in STEM.

#Stronger together Better together!

Register for International Women's Day Aperitivo



A portion of the proceeds will be donated to a  scholarship for a young woman pursuing studies in STEM



Cinzia Tedesco

Woman Empowerment Champion
and Renowned Singer

MARCH 11th
2026
19.00 PM

HOTEL QUIRINALE ~ VIA NAZIONALE, 7 ~ ROMA



Francesca De Angelis

Recipient of 2025
STEM Scholarship IWD

Rome’s Women’s Empowerment Networks come together to celebrate International Women’s Day with an **Aperitivo for a Cause.**



Partners



#InclusioneDonna



We've moved the date for our highly anticipated Pasta Making Master Class! Join us on April 1st in Trastevere, where we'll make our own pasta, enjoy it together with wine, and watch Chef Fabio work his magic. It's going to be a delicious evening — can't wait to see you there!



PROFESSIONAL WOMEN'S ASSOCIATION

WWW.PWAROME.ORG



MASTER CLASS

The Art of Handmade Fresh Pasta

WEDNESDAY 18,45
APRIL 1ST

VICOLO DELLA SCALACCIA 8

COOKING EXPERIENCE & DINNER

Registration while space is available - no later than March 28th
Refundable cancellations accepted until March 29th

Register for Pasta Master Class

PWA


INSPIRING WOMEN

ADRIANA
CALO'





WINTER 2026 ROLE MODEL

"Grace, Grit, and the Gift of Global Perspective"

 Meet our PWA **Role model Adriana Calò** our PWA Partnership director and co-partner in Commendable Rentals.

Even though she is young she has lived already quite an eventful life being born in Venezuela, moving to the Dominican Republic, living in before settling in Rome. A inspirational interview written by our very own talented and inspiring Leadership writer **Danielle DeVine**.

 Read the full article on our homepage or via the link below.

 Take a moment, grab a coffee, and be inspired. ☕️

Thank you Danielle!

Here's an excerpt from the article:

What originally brought you to Italy, and why did you decide to stay?

What led me to Rome was a move from Dominican Republic to Venezuela when I was halfway through my university studies in Architecture. My sister was already in Italy because she was

doing Intercultural through AFS (American Field Service Study Abroad).

So, I realized from my sister that what made perfect sense was to start over here in Rome, because Venezuela was really not an option at that point. So, I brought all my credits and I started university here. It was supposed to be for a semester, where I dealt with all my paperwork.

[Read about Adriana Calò](#)

Are you thinking about **joining PWA** but don't want to wait till September to become a new member?

We have introduced a **half-year membership** that runs from **January through August**. The cost is **€ 100 for members over 30 and € 65 for members under 30**. It will unlock all the **special "Member Only"** events that you can now register for.

Please contact our super efficient **Membership Director Tatiana Wartuschova** who will help you through the application process. membershipdirector@pwarome.org

Networking is without a doubt a necessary step in advancing your career. PWA offers a safe space where we offer workshops, panel discussions, exclusive member only events, networking aperitifs, sharing knowledge and supporting each other. We would love to welcome you to our community!

#Weshinebrightertogether



PWA ROME

PROFESSIONAL WOMEN'S ASSOCIATION



**Special
New Member
Offer!**

**Half year Membership:
ONLY €100**

**JANUARY
OFFER**

**Offer valid
from January 1st
through August 31st
2026**

WWW.PWAROME.ORG

Are you using the **PWA website Member Directory**? It's a fantastic way to stay connected with each other beyond our events and continue building meaningful relationships within our community.

Simply **log in to the PWA website** and **click on Member Directory** to find and connect with other members. It's quick, easy, and a great way to strengthen our network.




We encourage you to explore it and reach out to someone new!

Member Directory

Active members of the International Association of Typographers

[Advanced search...](#)

Search: Found: **27**

Name	Location	Picture	Level
Alvin Headley Graphic designer Headley Design Partners	San Francisco California United States		Gold
Augusto Sandino Font designer FontHaus	New York New York United States		Platinum
Carly Rose Graphic artist Creative Solutions	Toronto Ontario Canada		Platinum

Here's a simple, no-overwhelm way to think about our communication channels — and how to actually use them strategically below:

PWA Communication channels

WhatsApp official: group introducing new members and PWA official communication.

WhatsApp Member posting: group for our members to post their activities, promotions and interesting cultural or business opportunities to our members

Group member email: you can send information that has attachments or longer information through our PWA email forum PWAConnect@pwarome.org
This was created to post to all members. Job offers, Promotions, courses, professional activities.

Member directory available to all members when logged into our website and clicking on member directory. You can connect with all members (emails, phone, [etc](#))

To make check-in smooth and quick, please have your QR code ready when you arrive. You'll find it in your event confirmation email. Having it open on your phone helps us save time and keeps the line moving efficiently.
Thank you for helping us make events run seamlessly!

To review your registration details, go to your [registration details page](#)

Please Have your QR Code Below, or on the App, Ready to Check-in for the Event



Please print this email or display this code on your mobile device to check into the event.



CELEBRATING
**OUR
PWA PARTNERS**

“Thank you for being an integral part of our mission and vision.”



THE AMERICAN
UNIVERSITY OF ROME



**ROME
BUSINESS
SCHOOL**



**JOHN CABOT
UNIVERSITY**
An American university in the heart of Rome



STUDIOHRUSKA
TRAMANDIAMO SORRISI.



**KOLBE
HOTEL
ROME**

★★★★

PWA PARTNER SPOTLIGHT

Stronger Together: PWA Partners Speak

**"We chose a woman
chef because
excellence
has no gender.
Mihaela is a vital
part of our overall
success."**

CARLO IZZO
MANAGING DIRECTOR
KOLBE HOTEL



We are deeply grateful for each of you and our partners—you keep our garden colorful, inclusive and growing!

Stay inspired!

Catherine and the PWA board

- Catherine Tondelli – President
- Eleonora Bindi — Vice President & Social Director
- Ida Sirolli – Assoc VP & Program Director
- Martha Sgherza– Secretary
- Tatiana Wartuschova — Membership Director
- Franca Menonna – Treasurer
- Odette Lafrance — Digital Marketing Director
- Adriana Calò — Partnership Director and Membership support
- Daniele Freitas- Social Director PWA



Board support

- Danielle Devine — Editor, Leadership and Inspiring PWA member writer.

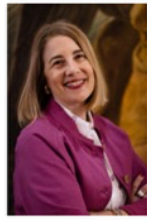
BOARD MEMBERS 2025 -2027



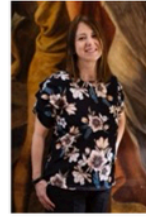
Catherine Tondelli
PRESIDENT



Eleonora Bindi
VICE PRESIDENT
SOCIAL DIRECTOR



Ida Sirolli
PROGRAM DIRECTOR



Franca Menonna
TREASURER



Martha Sgherza
SECRETARY



Odette Lafrance
DIGITAL MKTG DIRECTOR



Adriana Calò
PARTNERSHIP DIRECTOR
AND MEMBERSHIP SUPPORT



**Tatiana
Wartuschová**
MEMBERSHIP DIRECTOR



Daniele Freitas
SOCIAL MEDIA DIRECTOR



Danielle Devine
Support Board
LEADERSHIP/MEMBER
WRITER

WELCOME NEW MEMBERS!

Each month, we highlight our new, wonderful, and inspiring PWA members. We're thrilled to have you join our community of talented, passionate women dedicated to empowerment, sisterhood, inclusion, and fostering a supportive networking community.

As a member, you will be able to attend conferences at no cost including the aperitivo and you'll have opportunities to connect, learn, and grow alongside like-minded women who are dedicated to making a positive impact. We encourage you to get involved, share your ideas, and make the most of the events, resources, and support our association offers.



Angeline Romano

Angeline moved to Italy from the United Kingdom 5 years ago with her Italian husband, twin boys and a golden retriever dog named Luna. They have since adopted a street cat named Aslan, who is the only true Roman in the household!

She has a passion for learning and has three degrees in Biology, Psychology and Medicine from Universities in Scotland where she is originally from. She completed her medical residence training in the South East of England where she then worked as a General practitioner (GP) for several years. She works in private practice as a GP in the UK, with a specialist interest in Women's health, as well as working as Lead GP at a clinic in Rome (FirstMed). She understands the importance of holistic health care and has additional qualifications and experience in Clinical Hypnotherapy, Lifestyle Medicine, Coaching and Cognitive Behavioural Therapy (CBT) for menopause. She loves singing with the International Festival Choir of Rome and enjoys yoga, swimming in the Sea in Salento, as well as socialising with friends in Rome and enjoying the dolce vita! She would like to expand her network and be part of an organization that inspires, supports and empowers professional women.



Samara Ahmed

Samara moved to Rome 4 months ago for her Masters degree in Data Science at Rome Business School. She has lived all over the United States — from being raised in the Southeast (Alabama, Mississippi, North Carolina), going to university in New York (Cornell) and working in South Carolina, Texas, Ohio, and most recently California. She has 12+ years of corporate experience working in Human Resources across companies like P&G, GE, Google, Facebook, Amazon, Activision Blizzard and Deepmind.

She is currently looking into pivoting into data analytics and consulting, with a particular interest in the luxury hospitality and travel sectors — industries that combine aesthetics, consumer psychology, and operational excellence. In her free time she enjoys day trips to hiking or seaside spots, chasing sunsets, trying new restaurants/coffeeshops/rooftop bars, learning how to cook, cruising, anything related to holistic wellness or relaxing at home with wine and romance-based reality TV.

Samara hopes to build a life in Rome and joined PWA after meeting so many like-minded and inspirational women. She believes success should feel expansive — not restrictive — and is passionate about helping women claim more.



Elizabeth Lynch

Elizabeth is Founder and creator of ADAGIO was inspired by the elegant and slow/paced lifestyle in Italy. ADAGIO was created in her search for the perfect accessories to bring on her international travels. She sought out the most talented Italian artisans and found the highest quality materials that are timeless treasures that transcend seasons.



Nadia Leila Berrouayel

Hello my name is **Nadia**. I was born in Algeria and have had the privilege of living and working abroad in countries such as Algeria, France, the UK, Qatar, Tunisia, Kuwait, Japan, and Italy.. In 2016, I relocated to Italy, which has since become my home. My educational background includes a degree in finance and accounting, an MBA, and a diploma in risk management.

Before joining Maire Group as Head of Contract Management, I had already gained experience in management consulting, accounting and finance working for blue chip oil and gas companies. I have also set up a successful pharmacy business which I ran for 3 years.

In December 2025, I began an exciting new journey by enrolling in a master's programme in executive coaching.

Outside of work, I am passionate about dancing, kitesurfing, traveling, and cherishing quality time with friends. I am looking forward to discovering PWA and interact with like minded women!



PWA | Via Ennio Quirino Visconti 103 | ROME, 00193 IT

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